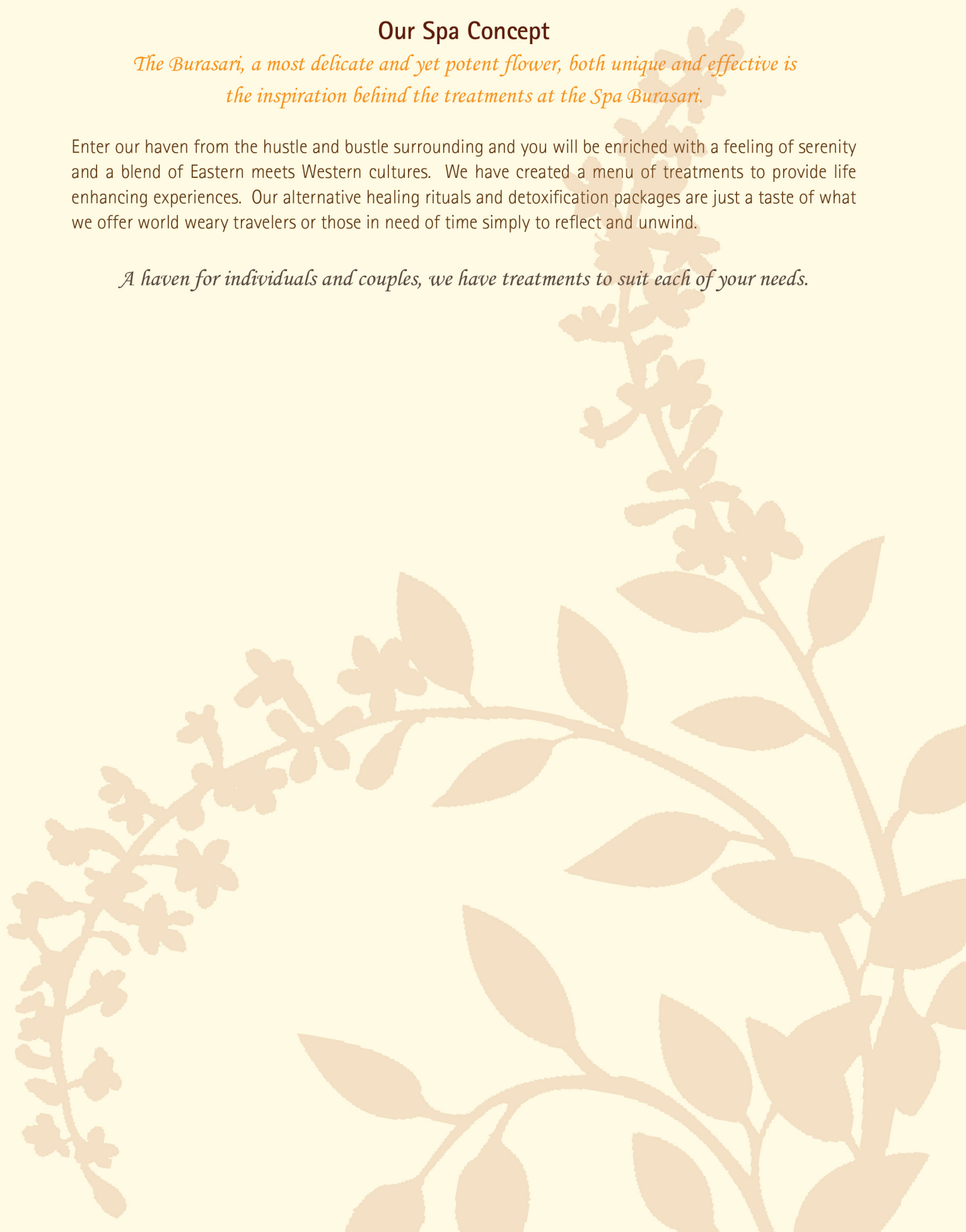


## Our Spa Concept

*The Burasari, a most delicate and yet potent flower, both unique and effective is the inspiration behind the treatments at the Spa Burasari.*

Enter our haven from the hustle and bustle surrounding and you will be enriched with a feeling of serenity and a blend of Eastern meets Western cultures. We have created a menu of treatments to provide life enhancing experiences. Our alternative healing rituals and detoxification packages are just a taste of what we offer world weary travelers or those in need of time simply to reflect and unwind.

*A haven for individuals and couples, we have treatments to suit each of your needs.*



## The Burasari Purification Ritual

*Please allow 30 minutes.*

This ritual draws from the traditional use of hot water, steam, singing bowl and rest, for cleansing and restoration of your whole being. Complimentary to spa packages and wet treatment reservation. The Burasari Purification Ritual is best experienced in two parts, prior to body treatment and after the treatment.

### Pre-Treatment

#### *Initiate*

Commence with a foot bath soaked in a mixture of hot water with mint, Tea Tree, Citratrus leaf powder, Salt scrub and fresh Kaffir lime. Our foot ritual is developed to improve blood circulation and prepare you for your treatment.

#### *Harmonize (Singing bowl)*

Then commence into the relaxation of mind an excellent prelude to massage treatment. From the ancient healing traditions of Tibet, comes a therapy that gently effects and stimulates the water content of your body by harmonizing with the cells through sound, utilizing especially perfectly crafted hand beaten metal bowls. This leaves you in a deep relaxed mode.

### Post-Treatment

#### *Rest*

Take a few moments to restore the mind as you rest after your treatment, taking in all the benefits to your body, mind and spirit.

#### *Replenish*

Rehydrate with local elixirs and tea. This step helps your body to replenish and rehydrate itself.

*Enjoy and Renew !*

## Our Coconut Massage Oil and Cream



Coconut oil is gifted with a lot of anti-oxidants that can keep you looking young even in your seventies! These anti-oxidants do not let the skin wrinkle and also protects it from other adverse effects of ageing. Coconut oil is also rich in Vitamin E, your skin's best friend. It keeps your skin rejuvenated, young and healthy!

Coconut oil has been in use as massage oil for centuries, more so, in Coastal areas of India and Indian Subcontinent. You will find many people who show gleaming, smooth and beautiful skin even after they are sixties! These are those who were massaged with Coconut Oil in their childhood!

*We hope you enjoy your treatment!*

## RICE FORCE TREATMENT OIL

The base oil of RICE FORCE TREATMENT OIL is 100% rice bran oil made of the highest quality Japanese white rice which is believed to have a mysterious power to beautify the skin. The main benefit of RICE FORCE TREATMENT OIL is a great deep moisturizing ability. Moreover it has a benefit of antioxidant and helps skin look rejuvenated. It also may brighten your skin tone. The oil is suitable for dry, sensitive and mature skin.

Japanese are renowned for silken beauty of their skin, so it may not surprise you that Japanese women have for centuries used rice bran oil to nourish their skin. Rice bran oil is considered as the anti-aging secret in Japan and we will reveal its benefits to you.

RICE FORCE TREATMENT OIL was specially designed to underline effects of all RICE FORCE spa treatments and as well as RICE FORCE skin care products is gentle to your skin.

Please choose your preferred fragrance:

### *Ku*

Fragrance-free. Step into simplicity and tranquillity, as if in a meditative trance.

### *Qi -energy*

A woody blend of cypress, cedar, and hiba brings about a crisp, uplifting, and energetic scent.

### *Ryu -muscle*

Refreshing mint is mixed with yuzu for a clean scent that will purify and reset your soul.

### *Sei -relax*

This therapeutic, yuzu-based citrus mix scent is designed to offer the deepest relaxation.

*We hope you enjoy your treatment!*



## Burasari Signature Treatments

*"Too much of a good thing can be wonderful" Mae West*

These treatments have been specially developed for Spa Burasari to cater to a variety of needs.  
They will leave you desiring for more!

### Burasari Signature Massage

90 minute session (60 minute treatment time)

THB 1,400

120 minute session (90 minute treatment time)

THB 1,900

Designed exclusively for Spa Burasari, this transformative oil massage will deeply relax muscle tension, detoxify the body and rejuvenate the mind. This therapy incorporates the fluid Swedish movements, the toning stretches of Thai massage whilst forearms and hands are used to include Lomi Lomi and pressure on acupuncture points.

### Detox Massage

90 minute session (60 minute treatment time)

THB 1,400

120 minute session (90 minute treatment time)

THB 1,900

A slower and more focused flow massage technique that concentrates on opening up the body's smallest blood vessels, resulting in more abundant blood circulation throughout the body and internal organs. This special massage technique increases the flow of the entire lymphatic system. It is one of the most relaxing massage experiences created.

### Natural Facial with Tui Na Facial Massage

THB 1,500

80 minute session (70 minute treatment time)

Indulge in our natural facial using mother nature's bounty of earth's produce. An utterly relaxing massage which stimulates the blood circulation in the face. Therapists will massage over 20 acupuncture points on the face which follow the body meridians.

*Go ahead be naked in the rain!*

## Body Therapies

*"Give your worries wings and let them fly away."*

All our body treatments commence with our 30 minute "Signature Purification Ritual" developed to improve blood circulation and prepare you for your treatment.

### Deep Tissue Massage

90 minutes session (60 minutes treatment time)

THB 1,400

120 minutes session (90 minutes treatment time)

THB 1,900

A massage technique that focuses on the deeper layers of muscle tissues and releases the chronic muscle tension through Tui Na strokes, focusing on more specific areas. This is recommended for those who experience consistent pain or those who have exercised strenuously. You may experience some soreness during or right after the massage. However, you should feel better than ever within a day or two! Because many toxins are released during the treatment, it is important to drink plenty of water to help eliminate these toxins from the body.

### RICE FORCE Massage

60 minutes session (30 minutes treatment time)

THB 1,000

90 minutes session (60 minutes treatment time)

THB 1,400

120 minutes session (90 minutes treatment time)

THB 1,900

The ancient Japanese RICE FORCE Massage therapy is excellent for rejuvenating your body and achieving relief from muscle pains. Using the principles of acupuncture, thus aiming to stimulate blood circulation and balance the body energies. The pressure stimulates blood circulation and therefore restores the energy flow and activates the self-healing powers of the body. It brings relaxation and a feeling of well-being to both the spirit and mind.

### Back, Shoulder, Neck Massage with Ginger Zinger

90 minutes session (60 minutes treatment time)

THB 1,500

Tension is released from your shoulders, neck, lower back and spine areas as smooth, long strokes and thumb and palm pressure are used in this massage. This intensive treatment is complete with a warm ginger wrap. You will feel a slight burning sensation on your back as your blood circulation increases. Now you will be walking with a renewed energy ready to take on the world!

### **Pregnancy massage**

90 minute session (80 minute treatment time)

THB 1,400

A ritual therapy designed exclusively for the expectant mother. This luxurious treatment helps relieve the common effects of pregnancy such as dry skin, aching muscles and fluid retention. Using a unique massage technique the therapy relieves aching backs and soothes swollen legs. The body is left feeling lighter, smoother and more relaxed. Regular treatments can combat pregnancy fatigue, boost circulation and prevent stretch marks.

### **RICE FORCE Exfoliation**

90 minutes session (60 minutes treatment time)

THB 1,400

This highly effective body treatment uses mix of ground rice and Japanese green tea powder to exfoliate, purify and re-mineralize the skin. Researchers have discovered that the antioxidants contained within the green tea and rice has powerful anti-aging and regenerating properties. This exfoliating and nourishing treatment will leave your skin glowing, rejuvenated and replenished.

*A must for those who yearning for a complete back transformation!*





## Alternative Healing Therapies

Applying Yin and Yang as two opposing states, Chinese medicine defines healthy as the equilibrium between the two. Utilizing the concept of "vital energy" or Qi which flows throughout the body on invisible pathways called meridians. These alternative healing therapies are both transformative and healing. All "Alternative Healing Therapies" treatments begin with a 10-minute traditional "Foot Cleansing and Massage" ritual. Hot water is used to increase blood circulation which aids in muscle relaxation.

### Thai Herbal Compress Massage

90 minutes session (80 minutes treatment time)

THB 1,500

A blend of Thailand's finest therapeutic herbs and spices are steamed and massaged into the body to release tension, delivering deep muscle relaxation and ensuring long lasting fatigue relief. This, combined with the Thai stretching massage technique, is sure to stimulate energy and treat stiffness in aching joints.

### Traditional Thai Massage

60 minutes session (50 minutes treatment time)

THB 750

90 minutes session (80 minutes treatment time)

THB 1,100

A blend of assisted stretching and acupressure compressions along the body's energy pathways leaves you remarkably relaxed yet energized. You will be placed in the able hands of our Thai therapists who have been immersed in this traditional method of healing for centuries.

### Reflexology

60 minutes treatment (50 minutes treatment time)

THB 550

A powerful and effective healing art based on century old principles that the feet are the "mirror" of the body. Working on specific points of the feet, signals are sent to benefit the body organs. A head to toe sensation of balance and health will radiate from your entire being when your feet return to earth.

### Reflexology with Ginger Zinger

75 minutes session (65 minutes treatment time)

THB 850

Exclusively developed for the weary traveler who has just arrived, or is just leaving and of course, the fatigued shopper. An intensive treatment commencing with a reflexology session followed by a warm spice wrap to draw out the toxins from tired legs. You will feel a slight burning sensation in your legs as the blood circulates throughout. Now you will be walking out with a renewed boost!

*"Those who have health have hope, those who have hope have everything."*



## Quality of Life, Detoxifying Rituals

*"Treatments to Revive Your Body, Mind and Spirit."*

All our "Quality of Life, Detoxifying Rituals" massages commence with our 30 minute "Signature Purification Ritual" followed by a 10-minute Vichy Shower Drench. This is a great experience to prepare you for your body therapy massage.

### **Purification Body Polish with Healing Massage**

150 minutes session (120 minutes treatment time)

THB 2,500

Truly the first step in the detoxification process, it begins with a gentle full body exfoliation. This prepares the body for the benefits and changes it will undergo during its transformation. With a gentle healing body massage, you are truly on your way to a new and improved you.

### **Herbal Detoxification Wrap with Lymphatic Zone Massage**

150 minutes session (120 minutes treatment time)

THB 2,500

We begin this treatment with an application of our healing herbal mask, followed by a shower. After the body is cleansed, a lymphatic stimulating massage will secure this truly detoxifying experience.

*"Treatment should not be taken directly after meals and we recommend that you do not eat for an hour after the treatment."*

## Burasari Spa Packages

Calm your mind and draw in the serenity of your surroundings. Drift away on a cloud of contentment as our therapists work wonders. All our spa packages include our signature 30-minute purification process.

### **Buralicious ...** Indulge your senses!

210 minutes session

THB 3,900

Truly the first step with a luxuriating hair cream massage, and then follow with detoxification process with your choice of one of our specially designed exfoliation scrub, Burasari Signature massages then a Natural Facial with Tui Na pressure point massage and refreshment.

### **Truly Thai ...** Enjoy all that is authentically Thai!

180 minutes session

THB 3,200

This treatment begins with a herbal compress to ease all your tension, followed by our signature Thai Massage and a soothing Thai natural facial treatment.

### **Renewal Package**

150 minutes session

THB 2,500

Truly the first step in the detoxification process, it begins with a gentle full body exfoliation to prepare the body for the benefits and changes it will undergo during its transformation. With a gentle healing body massage, you are truly on your way to a new and improved you.



## RICE FORCE FACIAL

RICE FORCE is a high-end, moisturizing skin care line from Japan. A producer of a cutting edge deep moisturizing skin care and successfully recognized by millions of customers throughout Japan, Europe, US and South-East Asia.

### ANTI AGING FACIAL

90 minute session (80 minute treatment time)

THB 2,200

Using unique patented active Rice Power® Extract No. 11 derived from rice grains. This facial helps to hydrate and moisturize while dramatically improving the skin's overall texture, tone and appearance.

A traditional Japanese lifting massage technique, will combat the signs of aging and help to increase ceramide production.

### CUSTOMIZED FACIAL

90 minute session (80 minute treatment time)

THB 2,200

Unique patented deep moisturizing ingredient Rice Power® Extract No.11 when combined with the ACPOLESS skin care line, optimally balances the natural oils and nourishing the skin where is needed. The Customized Facial starts with a skin analysis consultancy, to effectively customize RICE FORCE products to guest's skins specific needs, suitable for oily to combination skin.

### RICE FORCE Lifting Massage

40 minute session (30 minute treatment time)

THB 750

An ancestral secret of the Japanese. RICE FORCE Lifting Massage aims to rejuvenate your complexion by stimulating blood and lymphatic circulation and encouraging the production of elasticity and collagen. The skin is left relieved of tension, with immediate results of lines and wrinkles transformed.

## Enhancements

### Exclusive Eye

THB 200

Focusing on diminishing fine lines, puffiness and dark circles in the delicate eye area this treatment can be included with any facial or body treatment.

### Premium perfect

THB 1,200

This anti-aging enhancement is the perfect solution to amplify hydration. RICE FORCE's highly effective mask leaves the skin revitalized and rejuvenated. An ideal complement to anybody treatment to maintain your collagen protein and elastin.

### Hand and Arm Ritual

THB 200

This age defying treatment for hands and arms begins with an exfoliation, followed by a hand massage and finishing with a softening RICE FORCE MOISTURE BODY MILK to leave your hands silky smooth.

### Lip Smoother

THB 100

RICE FORCE Anti-Aging Lip Therapy helps to promote healthy hydrated lips. The addition of a light exfoliation rids the lips of dry dead cells encouraging moisture, firmness and complete hydration.

### Deep Conditioning Ritual

THB 200

The elasticity, keratin and protein of your hair are restored to health with this specialized RICE FORCE ritual. This is the perfect addition to any head massage.

The main ingredient Rice Force Power® Extract No.1-E leaves the scalp nourished with soft glossy hair.

### Green tea herbal steam

THB 100

This steaming offers potent anti-inflammatory and anti-aging properties. Additional benefits include a high content of antioxidants and chlorophyll to aid with cellular regeneration.



## Burakids Spa Treats

These spa treatments have been specially created with young children in mind.

### Burakids Massage

THB 550

60 minute session (50 minute treatment time)

Designed for you to take a break from playing hard and come in and enjoy a gentle relaxing massage.

### Burakids "Happy Feet"

THB 450

60 minute session (50 minute treatment time)

Turn those tired feet to happy feet with a fun foot rub.

Begin with a footbath, Rub-A-Dub-Dub two little happy feet in the tub!!

Children must be over the age of 12 and all treatments must be accompanied by an adult.



## Spa Etiquette

We would like you to enjoy your spa experience and to help you in this indulgence, below are some of the most frequently asked questions:

### What should I wear?

We will provide you with a robe, slippers and disposable underwear. Please leave your valuables in your room safe.

### Should I shower before a spa treatment?

No, it is not necessary. We recommend you enjoy our steam room before your treatment and that men shave before a facial. Allow 10 minutes for the steam before your appointment.

### Smoking and mobile phones

Please refrain from smoking in the spa and to ensure you and other guests enjoy the tranquility, kindly switch off your mobile phone and other electronic devices.

### Treatment concerns

Your spa experience is all about you. Please feel free to ask the therapist to adjust the pressure of the massage. We recommend you refrain from drinking alcoholic beverages prior to any treatments and that you have a meal at least one hour prior to treatments.

### What products will be used?

We pride ourselves in using the most natural and purest of ingredients. We use only all-natural coconut massage oil in all our treatments. Our body scrub is formulated specially for Spa Burasari. It is made from 100% natural ingredients.

### Why coconut massage oil?

Coconut oil is gifted with a lot of anti-oxidants that can keep you looking young even in your seventies! These anti-oxidants do not let the skin wrinkle and also protect it from other adverse effects of ageing. Coconut oil is also rich in Vitamin-E, your skin's best friend. It keeps your skin rejuvenated, young and healthy!

Coconut oil has been in use as massage oil for centuries, more so, in Coastal areas of India and Indian Subcontinent. You will find many people who show gleaming, smooth and beautiful skin even after their sixties. They are those people who were massaged with Coconut Oil in their childhood!

### Late arrival

Please arrive 10 minutes before your scheduled appointment, as late arrival may result in a shorter treatment.

### Cancellation policy

A four-hour notice is required for rescheduling and or canceling an appointment. Failure to do so will result in a 50% charge of the treatment cost.

*We hope you enjoy your treatment*